

OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Yogurt/Muffin Holy Hamburger Faithful Fries Rose Applesauce	3 Frudel Chicken Nuggets Corn Fruit	4 Bagels Corn Dogs Baked Beans Fruit	5 Oatmeal Chicken Fajita Mixed Peppers Fruit	6 Frosted Friday Grilled Cheese Tomato Soup Crackers / Fruit	7
8	9 Yogurt/Muffin Chicken Patty Peas Bread / Fruit	10 Oatmeal Pancake on a Stick Hasbrown Fruit	11 Frudel Taco Crunch Refried Beans Fruit	12 Bagels Salisbury Steak Potatoes/ Gravy Roll / Fruit	13 NO SCHOOL	14
15	16 NO SCHOOL	17 NO SCHOOL	18 Yogurt/Muffin BBQ Pulled Pork Corn Fruit	19 Mini Cinnis Chicken Noodle Soup Crackers / Fruit	20 Frosted Friday Cheese Pizza Salad Fruit	21
22	23 Yogurt/Muffin Orange Chicken Fried Rice Fruit	24 Frudel BBQ Rib / Bun Corn Fruit	25 Bagels Breaded Beef Green Beans Bread / fruit	26 Oatmeal Ranch Chicken Salad Roll / Fruit	27 Frosted Friday Nachos Refried Beans Fruit	28
29	30 Yogurt/muffin Chicken Nuggets Mixed Veggies Fruit	31 Booberry Waffles Spooky Jo's Corny Chips Frightful Fruit				