



JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 HAPPY NEW YEAR!	2 NO SCHOOL	3 NO SCHOOL	4 Cereal / Muffin Corn Dogs Baked Beans Fruit	5 Pancake on a stick Chicken Fajita Salad Fruit	6 Frosted Friday Nachos Refried Beans Fruit	7
8	9 Yogurt/ Muffin Hamburger / Bun Fries Fruit	10 Waffles Chicken Patty Green Beans Fruit	11 Bagels Salisbury Steak Potatoes/Gravy Fruit	12 Mini Cinni's Chicken Nuggets Corn / Fruit	13 Frosted Friday Cheese Pizza Salad Fruit	14
15	16 NO SCHOOL	17 Yogurt / Muffin Tot-chos* Cookie Fruit	18 Oatmeal Pizza Bake Green Beans Fruit	19 Frudel Chicken Wrap Carrots Applesauce	20 Frosted Friday Grilled Cheese Tomato Soup Fruit	21
22	23 Yogurt / Muffin BBQ Rib/ Bun Corn Fruit	24 Bagels Orange Chicken Fried Rice Fruit	25 Waffles Chili Carrots Cinnamon Roll	26 Oatmeal Breaded Beef Corn Fruit	27 Frosted Friday Scrambled Eggs Hashbrown Muffin/ Fruit	28
29	30 Yogurt / Muffin Meal in a bowl** Roll / Fruit	31 Pancake on a stick Sloppy Jo/ Bun Corn Chips Fruit	* Similar to nachos but with tater tots!	**Chicken Nuggets Potatoes/Gravy Corn Served in a bowl		