

notes

* New Item

School lunch (with milk) is FREE for all students/ Students are ONLY charged for ala carte purchases.

USDA is an equal opportunity provider and employer.



OCTOBER

Friday

1

Frosted Friday

Mac-N-Cheese
Salad
Fruit

saturday

2

sunday

3

Monday

4

Yogurt / Muffin

Corn Dogs
Baked Beans
Fruit

Tuesday

5

French Toast

*Chicken Wrap
Carrots
Fruit

wednesday

6

Bagels

Hamburger / Bun
Fries
Fruit

Thursday

7

Cereal

Chicken Teriyaki
Rice
Fruit

8

NO SCHOOL

9

10

11

NO SCHOOL

12

NO SCHOOL

13

Yogurt / Muffin

Breaded Beef
Green Beans
Fruit

14

French Toast

BBQ Rib/ Bun
Corn
Fruit

15

Frosted Friday

Scrambled Eggs
Hashbrown
Fruit

16

17

18

Yogurt /Muffin

Chicken Nuggets
Corn
Fruit

19

Bagels

Taco's
Lettuce / Tomato
Fruit

20

Pancake on a stick

Salisbury Steak
Potatoes/ Gravy
Fruit

21

Oatmeal

Chicken Patty
Green Beans
Fruit

22

Frosted Friday

Italian Dunkers
Salad
Fruit

23

24

31

Trick or treat!

25

Yogurt / Muffin

*Beef Fiestada
Lettuce
Fruit

26

Omelet

Chicken Fajita
Peppers/ Onions
Fruit

27

Oatmeal

Spaghetti / Meat
Sauce
Green Beans / Fruit

28

Waffles

Chili
Cinnamon Roll
Fruit

29

Frosted Friday

Nacho's
Salad
Fruit

30