



OCTOBER

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
4		5 Yogurt / Muffin Chicken Noodle Soup Crackers / Fruit		6 Eggs Taco Tuesday Lettuce Fruit		7 Oatmeal Waffles / Eggs Hashbrown Fruit		8 Pancake Stick Chicken Nuggets Baked Beans Fruit		9 Frosted Friday Mac - N - Cheese Carrots Fruit		10 USDA is an equal opportunity provider and employer	
11 MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE		12 NO SCHOOL		13 NO SCHOOL		14 Yogurt / Muffin Corn Dogs Baked Beans Fruit		15 Bagels / Fruit Hamburger / Bun Fries Fruit		16 Frosted Friday Cheese Pizza Salad Fruit		17	
18		19 Yogurt / Muffin Breaded Beef Corn Fruit		20 Pancake Stick Chicken Fajita Vegetable Rice Fruit		21 Oatmeal Sloppy Jo / Bun Chips Fruit		22 Omelet Chicken Patty Green Beans Fruit		23 Frosted Friday Scrambled Eggs Hashbrown Fruit		24	
25		26 Yogurt / Muffin Salisbury Steak Potatoes/Gravy Fruit		27 Breakfast Taco Teriyaki Chicken Fried Rice Fruit		28 Bagels / Fruit Chili Crackers / Carrots Fruit		29 Oatmeal BBQ Rib / Bun Corn Fruit		30 Frosted Friday Nacho's Refried Beans Fruit		31	